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WHAT IS CLAIMED IS:

a shaft including a socket opening in at least one end of the shaft; and

a handle connected to the shaft by a unidirectional bearing.

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- 2. The apparatus of claim 1, wherein the shaft has two ends and includes a second socket opening in the other end of the shaft.
- 15 3. The apparatus of claim 1, wherein the unidirectional bearing is a cam clutch unidirectional bearing.
 - 4. A drum key for rotating a tension rod having a terminal end, comprising:
- a shaft including a socket opening in at least one end of the shaft; and
 - a handle connected to the shaft by a unidirectional bearing;

wherein the socket opening can engage the terminal end of the tension rod.

5. The drum key of claim 4, wherein the shaft has two ends and includes a second socket opening in the other end of the shaft that can engage the terminal end of the tension rod.

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- 6. The drum key of claim 4, wherein the unidirectional bearing is a cam clutch unidirectional bearing.
- 7. A method of tuning a drum, comprising rotating a tension rod using a drum key that includes a shaft with a

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socket opening in one end and a handle connected to the shaft by a unidirectional bearing.

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8. The method of claim 7, wherein the rotation of the tension rod comprises:

inserting a portion of the tension rod inside the socket opening of the drum key; and

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rotating the handle of the drum key in a first direction.

- 9. The method of claim 8, further comprising rotating the handle of the drum key in a second direction without rotating the tension rod.
 - 10. The method of claim 8, wherein the rotation of the tension rod further comprises:

holding the handle of drum key stationary; and simultaneously rotating the shaft of the drum key.

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